

# Your Colourscope



By Elizabeth Harper

September / October / November 2009

**Colour Intuition embraces the ancient wisdom of colour, astrology, numerology and psychic insight. Intuitively select one of the 12 colours from the wheel below and invite your soul to reveal potential influences on your journey over the coming months.**

## Choosing Your Colour

By selecting the colour you are most drawn to, you actively access the wisdom of your subconscious and the voice of your soul. Before choosing, take a few deep breaths, close your eyes, centre yourself, and when you are ready, invite your soul to intuitively select a colour. Open your eyes and choose your colour. In this moment, your first colour choice is always the best and will reflect the messages from your soul.



## BLUE

**September** - There has been some heaviness around you lately and it's not all coming from you. Someone close is carrying a lot of pain and the empathetic healer in you is absorbing this energy. Remember that like attracts like. While you may not be able to control the emotions and feelings of others, you can reflect on and change your own inner world

**October** - Your control button has been on full blast and it is high time you turned it down. You might have all the answers, but they are not right for everyone? The need to be in control is just a way of keeping the divine out. How would it be if you let go now and again? Try it on for size and see how it fits. You might just like it!

**November** - Happy days are here again! Finally, you have the time to be a human being instead of a human doing. Yes! You have been waiting for this opportunity. Now some blues would view this time as negative and not quite what was expected. Before you know it life will be busier than ever, so you may as well take advantage of the free time.

## GREEN

**September** - You seem to be stuck, waiting for something to arrive and yet not quite knowing what that something is. We are given time for a reason. Green is the color of the heart, so go inside your heart and check if there is anything that might need your attention. The resultant effect will release you from bondage, open your heart, and propel you toward a sizzling life adventure.

**October** - Just as you wished, money, abundance, and lots of good things are on their way to you, but first you have to be open to receive. It's like inviting friends over to your home and then leaving the door closed. So, say three times "I am open and willing to receive the abundance of the universe." That should do it!

**November** - You may feel like you need to be alone, but your family and friends think otherwise. An invitation to a community gathering will on the surface appear to be a potentially boring affair, yet once you are there you will be in for a big surprise. I am not saying it is good or bad, but I will say that you will not know what you missed unless you go for it.

## BROWN

**September** - As a nurturer you serve others before yourself. For the most part you do this without expecting anything in return, but that

niggling little feeling you have is a direct result of not getting the appreciation you so deserve. Forgive others for their inability to appreciate you and realize that no one will recognize how wonderful you are until you see it for yourself.

**October** - The relationship and love partnership area of your life needs attention this month. It could be that a significant other is feeling a little left out, or a family member needs some love, or maybe a friend could do with a telephone call. Relationships are like plants; they need watering and tending every now and again.

**November** - Have you noticed that those few extra pounds you put on last Christmas are still hanging around? Your body is just reflecting your emotional state of being. So, before your arrival at this next festive season, make an intention to either love this part of your being or let it go.

## MAGENTA

**September** - Notice the messages coming in from your angels this month. Feathers signify your guardian angels are close and wish you to listen to their guidance. Magenta flowers reveal a message from Archangel Gabriel will appear in your dreamtime. And a surprise visit from a woman offers a hidden message of love from the Blessed Mary.

**October** - Memories are coming up for you to be reviewed. If any negative memories come up, close your eyes and imagine a different outcome of that memory – yes, you can change it! Changing a memory into something positive can change the energy you have around that memory and release it to be healed

**November** - A part of your life that has been meaningful and close to your heart is about to change. Make space for some alone time as you go through this transformation, meditate on the good times, bless them, and move on. Remember to stay present and enjoy making moments that you can look back on with loving kindness.

## OLIVE

**September** - Relationships are said to be the best workshops, with this in mind it will not surprise you to learn that you signed up for some intensive training over the next month. Part of your training involves forgiving others. If you believe there is only one of us here, then it's not too much of a stretch to acknowledge that as you forgive others you also forgive yourself.

**October** - Being the mediator you tend to be called upon to settle an argument or lend a

listening ear. This will give you food for thought as you consider developing your capacity as a healer. Other areas of your life will benefit from this skill, especially your living space, which is currently in need of a new flux of energy.

**November** - Each person is a reflection of you, so why are you being so uncompassionate? Loving others means that you are loving yourself too. Even if it is hard to do try reaching out, sending love in a message, or just with your heart. Imagine that person is in your hands. Bring your hands to your heart and open your heart to them with love.

## ORANGE

**September** - How are those addictions working for you? No, I am not referring to your inner chocoholic, although this is along similar lines, I mean your addiction to a certain behavior that you think is cute and the rest of us view as a fault. Look at how this is serving you, what are you resisting, what are you denying?

**October** - Every aspect of being contains divine energy, even McDonalds! Before you eat your next happy meal bless your food. By doing so you will be thanking the elements within it, plus you will be giving yourself the extra energy from the blessing. It may even rub off on those around you and start a trend.

**November** - This is a fun packed and eventful month. Invitations will come from far afield from friends and from people you haven't heard from in a while. Use your intuition to guide you to exactly where you need to be and remember to take a breath, drink lots of water, and slug down some vitamins every now and again.

## YELLOW

**September** - If you have been feeling a little out of sorts lately then it could be that stagnant emotional energy you pushed down into your solar plexus chakra a couple of years ago. Meditate on this part of your being – just ask it to open up and share what makes it happy and what stimulates its fear. As well as healing the issue, your intention to communicate with this chakra will invite a deeper connection with your authentic self.

**October** - Be a bundle of sunshine this month. It might be a little challenging to be happy and sweet to everyone, all the same put a smile on and see who smiles along with you – it could change someone's life. Silver Birch said that if you help to heal one person then your whole earthly life has been worth living.

**November** - Your Solar Plexus chakra is in need of attention and cleansing. It is reflected by an area of your home where you spend a lot of your time that is currently in turmoil. Perform a cleansing ritual in this room. Get rid of any stagnant energy using sage, water, crystals, clapping, music, and/or prayer, while being mindful that you are also clearing your sun center.

## PINK

**September** - Yes, you could be loved a lot more than you are now, but let's face it, put into perspective you have a darn good life. If you made a list of all the positive things and weighed

it up against the negative, I bet you'd come out looking pretty rosy. When your attitude focuses on gratitude everything and everyone around you changes. So switch on some of that pink charm, you know, the one we all love you for!

**October** - There may be some sadness to move through this month, but just like a storm it will pass. After the rain, comes shine and you will once again be treated to that glorious rainbow of wholeness that is truly you. Allow yourself to go through this phase of your life. It is a learning curve and eventually you will come back refreshed and ready for your next step.

**November** - You are a walking bundle of love even in your darkest moments you can still shine your light of love. Despite your own needs, over this coming month you are going to be a conduit of love for others. Meditate and ask your guides and angels to support you and to reveal to you how you can manifest love in the lives of others.

## RED

**September** - Your blood might be at boiling point, but it doesn't mean that you have to forget your values. You know the one I mean – do unto others' as you would have them do unto you. This does not read – do unto others what they just did to you. You are bigger than that. You are fortunate to understand the purpose of life and in the bigger picture red means blood connections.

**October** - There is a great deal of intense energy around at the moment and people around you seem to be buzzing more than usual. Be aware of stress levels within yourself and your environment. If you start to feel a little irritated take a breath, go for a swim, or have a massage. This time will pass and in a couple of weeks things will get back to normal.

**November** - For every action, there is an equal and opposite reaction. Watch out for your reactions to the actions of others. Take a minute out of every hour to de-stress. Close your eyes, breathe, and think of yourself in a place in nature, a place that makes you feel happy and glad to be alive. Breathe in this positive energy and as you breathe out open your eyes, refreshed and ready to continue your day.

## WHITE

**September** - Tranquility is your power word this month – seeking it, having it, and living it. What you will discover during this time is that you can live with less. I don't mean less material things; I mean you can live with less going on around you. Of course habits can be challenging to change and that buzz you so often have around you will return. Until then, enjoy the silence.

**October** - White contains all the colors of the rainbow, which means that you embrace the potential of the colors of the spectrum. This might feel a little disconcerting at times, as you may not always understand who you are and what your purpose is. So, try pursuing a creative talent, explore your gifts, and play on your ability to be anything that you can be.

**November** - This is a frantic time for you, but it doesn't have to be. All you need is a blank sheet

of paper to make a "to do" list. Be sure to add down time for yourself, otherwise the white you have chosen will mean that you are running on empty. Towards the end of the month plans for a trip could be fortuitously delayed.

## TURQUOISE

**September** - Something in the heavens must be upsetting your usual equilibrium. You are an emotional soul affected by environmental change, even if it is millions of light years away. So, let's blame the Moon for your moodiness, naughty Neptune for your nervousness and Saturn for that all over heavy feeling. The wise one understands the stars and the fool is ruled by them - which one are you?

**October** - As the song goes, "Love is in the air." Be aware though of wanting love and then pushing it away. We can often think that we are ready for our deepest wishes to manifest and yet something within us puts a damper on them coming true. Everything you wish for contains love. So, open your heart to love and welcome it home.

**November** - You are being guided to share your knowledge with others. It could be in front of a group of strangers or while sitting around the kitchen table with friends. Remember to take deep breaths. The air around you contains prana – life force energy – and will not only sustain you, but will expand your awareness of a higher knowledge and wisdom.

## VIOLET

**September** - Who would have thought you would be where you are today; you have come such a long way. Over the coming months you will meet people who have had a significant impact on your life. Whether they were positive or negative you are going to recognize these reminders as omens of a momentous and wonderful tuning point for you. Well done!

**October** - Choosing violet means that you have something to let go of - what do you have to let go of right now? It could be excess weight, or emotions that no longer serve you, or maybe your garage is full of un-used stuff. Whatever it is your soul is telling you that it is time to let go. By letting go you open yourself up to something new being in your life.

**November** - Change is another word for evolution, but it doesn't have to take as long. Start by taking time to clear out an area of your life that has been stuck. Visualize it cleansed and how this will impact your life. Then assign an hour a week to create the change. Small steps are just as effective as giant leaps.

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Elizabeth's new book, *Wishing: How to Fulfill Your Heart's Desires*, is available now.